



SLOVENSKÁ
PLAVECKÁ FEDERÁCIA
SLOVAK SWIMMING FEDERATION



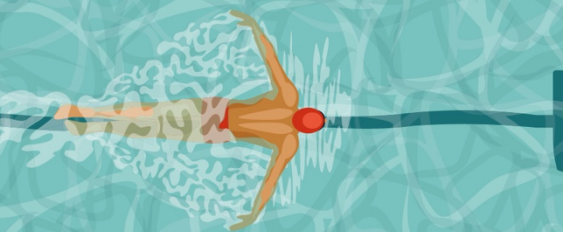
OLYMPIC HOPES

INTERNATIONAL SWIMMING COMPETITION



U4

29.05.-30.05.2021
Poprad / Slovakia
indoor pool 50m, 8 lanes
"bubble" competition
Bulletin No. 3

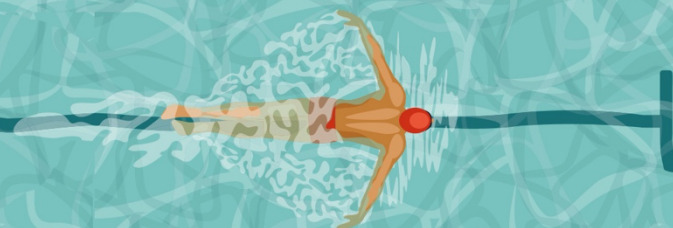


Introduction

Slovak Swimming Federation would like to welcome teams from Czechia, Hungary, Poland and Slovakia in Poprad which will be the host city of upcoming V4 Olympic hopes international swimming competition. Due to current situation, we were forced to move the dates of the competition to the end of May. Unfortunately, most of the swimming pools in Slovakia are closed and we have only couple of bubbles available for our athletes. And with the upcoming European Championships we couldn't find enough space for all 4 teams to have competition on such level as V4.

Technical details

Teams:	Český svaz plaveckých sportů Magyar úzsó szövetség Polski Związek Pływacki Slovenská plavecká federácia
Location:	AquaCity Poprad, Športová 1297/1, Poprad 058 01
Venue:	Indoor 50 m pool, 8 lanes
Timing:	SwissTiming Quantum Aquatics, FINA starting platforms and backstroke ledges available
Rules applicable:	FINA rule book and Slovak Swimming Rules for swimming competitions
Sessions:	1st session – morning 29.05.2021 2nd session – evening 29.05.2021 3rd session – morning 30.05.2021
Warm-up:	1,5 hours before the session start
Training:	Training for teams will be available upon request and current bubble regulation.
Age groups:	Girls 14 and 15 years old / 2006 - 2007 Boys 15 and 16 years old / 2005 - 2006
Entry fee:	0 €
Competition system:	In every discipline may participate two swimmers per country. The nomination is based on participation of one younger swimmer and one older swimmer in each discipline.



In relay events there may be only one relay per country.

Starts out of the competition:

Starts are allowed. Swimmers out of competition won't be awarded points and won't get medals when achieving better times than swimmers in the competition.

Award system

Individual events

1st place – 9 points
 2nd place – 7 points
 3rd place – 6 points
 4th place – 5 points
 5th place – 4 points
 6th place – 3 points
 7th place – 2 points
 8th place – 1 point

Relay events:

1st place – 16 points
 2nd place – 12 points
 3rd place – 8 points
 4th place – 4 points

Awards:

First three swimmers in each discipline in boys and girls will be receive medals.

Team cup:

Teams will be awarded cups based on points table in individual and relay events.

Information

Organizer

Slovak Swimming Federation
 Za kasárňou 1, 831 03 Bratislava
 Slovakia

Information

Miroslav Nowak, general secretary
 - sport@swimmsvk.sk, 00 421 903 717 236

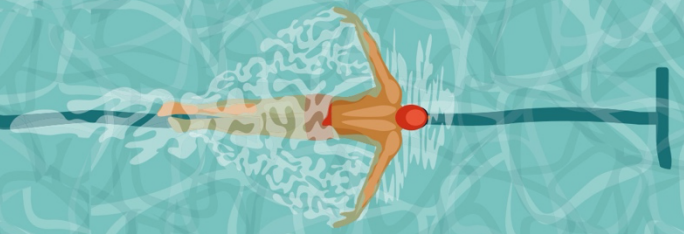
Local OC

TBD

Important dates

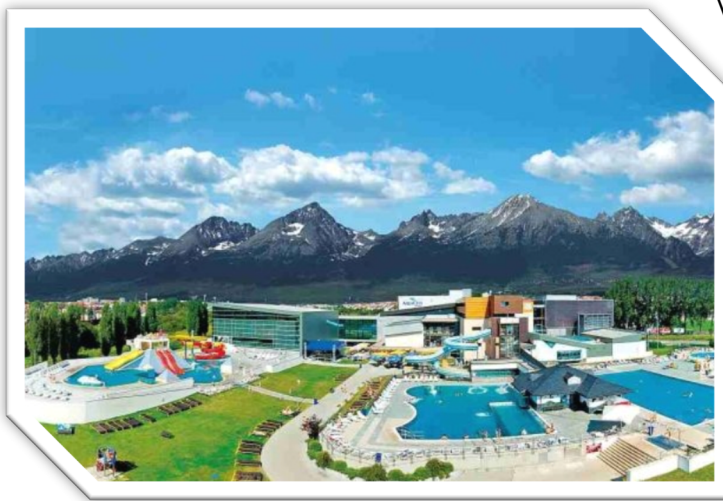
Entries

Entry has to be sent in lenex format via email no later than 24.05.2021



Accommodation	27.05. - 30.05.2021
Rooming list	21.05.2021
Travel itinerary	21.05.2021
Team leaders meeting	28.05.2021, place TBD

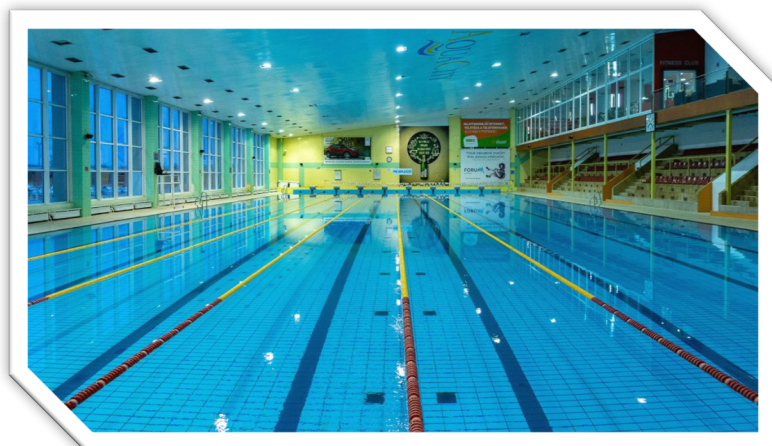
Venue

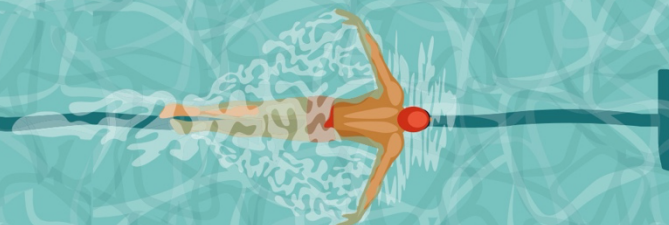


Venue for this competition is AQUACITY Poprad. The pool is in the same building as hotel, so we can promise the best COVID protocol available. The competition will be held in bubble. That means that swimmers and team staff cannot leave venue.

Hotel is located about 3 hours by car from Bratislava in the foothills of Tatra mountains.

Pool is 50 m long with depth between 1,2 m and 1,8 m. 8 lanes, each 2,5 m wide. The pool has tribune with enough space for all teams to allow social distancing.





Format of the competition

Competition will be held in the “bubble”. Unfortunately, this the only option to organize sports events in Slovakia. All team members will have to undergo a PCR test upon arrival. After the test there is mandatory quarantine until receiving of the negative result of the PCR test. The quarantine will be between 6 – 8 hours depending on the volume of test in the laboratory.

All referees and technical personnel will be tested as well. So, there is will be no contact with anyone from “outside”.

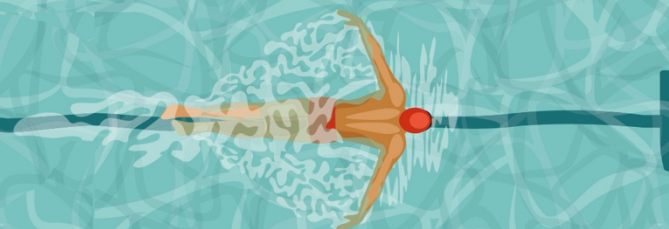
Competition schedule

1st session

Saturday, 29.05.2021

Warm-up: 8:30 – 10:00 / Competition start 10:10

1	50 m freestyle	Boys
2	50 m freestyle	Girls
3	200 m butterfly	Boys
4	200 m butterfly	Girls
5	100 m backstroke	Boys
6	100 m backstroke	Girls
7	1500 m freestyle	Boys
8	400 m freestyle	Girls
9	100 m breastroke	Boys
10	100 m breastroke	Girl
11	200 m individual medley	Boys
12	200 m individual medley	Girls
13	4x 100 m freestyle relay	Boys
14	4x 100 m freestyle relay	Girls



2st session

Saturday, 29.05.2021

Warm-up: 15:30 - 17:00 / Competition start 10:10

15	200 m freestyle	Boys
16	200 m freestyle	Girls
17	50 m breaststroke	Boys
18	50 m breaststroke	Girls
19	200 m backstroke	Boys
20	200 m backstroke	Girls
21	50 m butterfly	Boys
22	50 m butterfly	Girls
23	400 m individual medley	Boys
24	400 m individual medley	Girl
25	4x 200 m freestyle relay	Boys
26	4x 200 m freestyle relay	Girls

3rd session

Sunday, 30.05.2021

Warm-up: 08:30 - 09:00 / Competition start 09:10

27	100 m freestyle	Boys
28	100 m freestyle	Girls
29	50 m backstroke	Boys
30	50 m backstroke	Girls
31	200 m breaststroke	Boys
32	200 m breaststroke	Girls
33	100 m butterfly	Boys
34	100 m butterfly	Girls
35	400 m freestyle boys	Boys
36	800 m freestyle girls	Girl
37	4x 100 m medley relay	Boys
38	4x 100 m medley relay	Girls